

24th Annual Golden State Athletic Conference
Track and Field Championships
Santa Barbara, Calif. - 4/23/2010 to 4/24/2010
Results

Women 100 Meter Dash

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GSAC Record: ! 11.69 1994      Fatimat Yusuf, Azusa Pacific
Stadium Rec: % 11.79 1970      Ferguson, West Coast Jets
                12.26  "A"
                12.38  "B"
  
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Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Ross, Mandy		Azusa Pacific	12.27	12.26Q "A"	2
2 Laine, Sarah		Point Loma	12.22	12.42Q	1
3 Auberry, Asia		Concordia (Cal.)	12.34	12.58Q	3
4 Hurd, Brandy		Fresno Pacific	12.60	12.59q	2
5 Schreiber, Jackie		Point Loma	12.80	12.75q	3
6 Chevalier, Amanda		Westmont	12.53	12.79q	3
7 Van Wey, Jennifer		Point Loma	12.74	12.80q	3
8 Starr, Kelsey		Point Loma	12.67	12.88q	2
9 Jackson, Sharayza		Azusa Pacific	12.65	12.95	1
10 Menges, Allyson		Point Loma	12.83	12.96	1
11 Fung, Anita		Azusa Pacific	12.63	13.14	1
12 Armando, Allie		Vanguard	12.83	13.15	2
13 Jimenez, Raquel		Azusa Pacific	13.37	13.34	1
14 Aluisi, Jenna		Fresno Pacific	13.48	13.38	2
15 Eng, Rachel		Fresno Pacific	13.57	13.68	3
16 McAfee, Sarah		Concordia (Cal.)	14.00	13.77	1
17 Senko, Rachel		Westmont	13.74	13.88	3
18 Bernard, Sarah-Lynn		Westmont	13.76	14.06	2
19 Ubani, Joy		Westmont	14.44	14.28	2
20 Ramos, Gretchen		Westmont	14.40	14.70	1
21 Manley, Jordan		Point Loma	14.66	15.38	3

Women 100 Meter Dash

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=====
GSAC Record: ! 11.69 1994      Fatimat Yusuf, Azusa Pacific
Stadium Rec: % 11.79 1970      Ferguson, West Coast Jets
                12.26  "A"
                12.38  "B"
  
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Name	Year	School	Prelims	Finals	Points
Finals					
1 Ross, Mandy		Azusa Pacific	12.26	11.94 "A"	10
2 Laine, Sarah		Point Loma	12.42	12.31 "B"	8
3 Auberry, Asia		Concordia (Cal.)	12.58	12.42	6
4 Hurd, Brandy		Fresno Pacific	12.59	12.50	5
5 Schreiber, Jackie		Point Loma	12.75	12.61	4
6 Van Wey, Jennifer		Point Loma	12.80	12.64	3
7 Chevalier, Amanda		Westmont	12.79	12.70	2
8 Starr, Kelsey		Point Loma	12.88	12.80	1

**24th Annual Golden State Athletic Conference
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Women 200 Meter Dash

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=====
GSAC Record: ! 24.04 1994      Fatimat Yusuf, Azusa Pacific
Stadium Rec: % 24.76 3/27/2010  Natasha Miller, Biola
                25.20  "A"
                25.35  "B"
  
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Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Ross, Mandy		Azusa Pacific	25.03	24.89Q"A"	3
2 Laine, Sarah		Point Loma	24.65	25.20Q"A"	1
3 Miller, Natasha		Biola	24.76	25.34Q"B"	2
4 Hurd, Brandy		Fresno Pacific	25.50	25.37q	3
5 Turner, Jordan		Point Loma	25.56	25.74q	1
6 Leslie, Breanna		Azusa Pacific	25.55	26.03q	2
7 Van Wey, Jennifer		Point Loma	25.96	26.17q	3
8 Starr, Kelsey		Point Loma	26.20	26.23q	1
9 Chevalier, Amanda		Westmont	25.63	26.26	1
10 Schreiber, Jackie		Point Loma	26.16	26.29	2
11 Neves, Diana		Vanguard	25.94	26.30	3
12 Wyrick, Deirdre		Fresno Pacific	26.41	26.60	2
12 Armando, Allie		Vanguard	26.37	26.60	1
14 Jackson, Sharayza		Azusa Pacific	26.65	26.73	1
15 Ham, Kassandra		Point Loma	26.49	26.78	2
16 Menges, Allyson		Point Loma	26.47	26.94	3
17 Fung, Anita		Azusa Pacific	26.47	27.25	3
18 Aluisi, Jenna		Fresno Pacific	26.83	27.92	1
19 Zappas, Zoe		Biola	27.77	28.09	2
20 Bernard, Sarah-Lynn		Westmont	28.83	28.46	3
21 McAfee, Sarah		Concordia (Cal.)	29.03	28.83	3
22 Ubani, Joy		Westmont	29.44	29.45	2
23 Manley, Jordan		Point Loma	30.56	32.28	1

Women 200 Meter Dash

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=====
GSAC Record: ! 24.04 1994      Fatimat Yusuf, Azusa Pacific
Stadium Rec: % 24.76 3/27/2010  Natasha Miller, Biola
                25.20  "A"
                25.35  "B"
  
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Name	Year	School	Prelims	Finals	Points
Finals					
1 Laine, Sarah		Point Loma	25.20	24.41%"A"	10
2 Ross, Mandy		Azusa Pacific	24.89	24.42%"A"	8
3 Miller, Natasha		Biola	25.34	25.24 "B"	6
4 Hurd, Brandy		Fresno Pacific	25.37	25.29 "B"	5
5 Turner, Jordan		Point Loma	25.74	25.50	4
6 Leslie, Breanna		Azusa Pacific	26.03	25.79	3
7 Van Wey, Jennifer		Point Loma	26.17	25.85	2
8 Starr, Kelsey		Point Loma	26.23	26.20	1

**24th Annual Golden State Athletic Conference
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Women 400 Meter Dash

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=====
GSAC Record: ! 53.55 2004 Niema Golphin, Azusa Pacific
Stadium Rec: % 59.47 3/27/2010 Deirdre Wyrick, Fresno Pacific
              57.30 "A"
              58.00 "B"
  
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Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Laine, Sarah		Point Loma	55.05	% 56.62Q"A"	1
2 Turner, Jordan		Point Loma	57.07	% 57.87Q"B"	2
3 Miller, Natasha		Biola	57.76	% 58.33Q	3
4 Neves, Diana		Vanguard	57.52	% 58.35q	3
5 Forsi, Brooke		Biola	59.65	% 58.67q	1
6 Ham, Kassandra		Point Loma	60.30	% 58.85q	1
7 Wyrick, Deirdre		Fresno Pacific	59.42	60.35q	2
8 Moser, Samantha		Concordia (Cal.)	60.37	60.53q	2
9 Picker, Dominique		Point Loma	60.52	61.72	3
10 Zappas, Zoe		Biola	62.18	62.67	2
11 Nealon, Theresa		Westmont	62.39	63.97	1
12 Catanese, Alicia		California Baptist	62.00	64.49	3
13 Turk, Lauren		Point Loma	64.91	64.60	1
14 Ross, Hannah		Westmont	67.82	66.01	3
15 Chessum, Candice		Azusa Pacific	65.97	66.11	3
16 Brummund, Brooklin		Biola		66.32	2
17 Mellin, Kristin		California Baptist	65.00	69.07	2

Women 400 Meter Dash

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=====
GSAC Record: ! 53.55 2004 Niema Golphin, Azusa Pacific
Stadium Rec: % 59.47 3/27/2010 Deirdre Wyrick, Fresno Pacific
              57.30 "A"
              58.00 "B"
  
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Name	Year	School	Prelims	Finals	Points
Finals					
1 Laine, Sarah		Point Loma	56.62	55.97%"A"	10
2 Miller, Natasha		Biola	58.33	56.93%"A"	8
3 Turner, Jordan		Point Loma	57.87	57.36%"B"	6
4 Forsi, Brooke		Biola	58.67	58.05%	5
5 Neves, Diana		Vanguard	58.35	58.09%	4
6 Ham, Kassandra		Point Loma	58.85	59.50	3
7 Wyrick, Deirdre		Fresno Pacific	60.35	59.58	2
8 Moser, Samantha		Concordia (Cal.)	60.53	60.33	1

Women 800 Meter Run

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=====
GSAC Record: ! 2:10.27 2009 Jaime Canterbury, Azusa Pacific
Stadium Rec: % 2:15.84 1970 Cape, Long Beach Comets
              2:16.00 "A"
              2:17.85 "B"
  
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Name	Year	School	Seed	Prelims
Preliminaries				
1 Lawman, Poppy		Azusa Pacific	2:11.41	2:17.48Q"B"
2 Gasner, Kelsey		Biola	2:17.46	2:18.20Q

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3	Rickabaugh, Kelsey	Point Loma		2:20.54Q
4	Matranga, Breelan	Point Loma	2:14.76	2:18.52Q
5	Barnard, Megan	Fresno Pacific	2:19.86	2:19.80Q
6	Williams, Megan	Vanguard	2:16.37	2:20.75Q
7	Moyer, Megan	Point Loma	2:20.46	2:19.88q
8	Thede, Katie	Biola	2:21.44	2:21.30q
9	Casarez, Melissa	Point Loma	2:18.29	2:22.12q
10	Afman, Angie	Point Loma	2:23.37	2:22.27
11	Kenney, Clarissa	Biola	2:25.00	2:23.25
12	Massenburg, Bailey	Point Loma	2:16.51	2:23.97
13	Pelayo, Rocio	Concordia (Cal.)	2:26.33	2:26.60
14	Arroues, Kim	Biola	2:26.03	2:28.63
15	Chessum, Candice	Azusa Pacific	2:29.81	2:29.35
16	Neimeyer, Alyssa	California Baptist	2:25.23	2:30.54
17	Brummund, Brooklin	Biola	2:21.00	2:31.50
18	Minnick, Lauren	Vanguard	2:30.50	2:31.80
19	Rooney, Colleen	Fresno Pacific	2:34.72	2:34.43
20	Alexander, Malaysia	California Baptist	2:28.00	2:34.60
21	Stump, Rachel	Biola	2:32.10	2:34.68
22	Roth, Kelsey	Concordia (Cal.)	2:38.80	2:37.68
23	Tworek, Alyssa	Concordia (Cal.)	2:43.53	2:38.65
24	Dixon, Courtney	Westmont	2:32.00	2:40.07
25	Boucher, Kelsi	Biola	2:33.00	2:40.10
26	Beard, Megan	Westmont	2:43.06	2:44.40
27	Gilbert, Christine	Concordia (Cal.)	2:42.90	2:47.20

Women 800 Meter Run

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=====
GSAC Record: ! 2:10.27 2009           Jaime Canterbury, Azusa Pacific
Stadium Rec: % 2:15.84 1970         Cape, Long Beach Comets
                2:16.00 "A"
                2:17.85 "B"
=====

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Name	Year School	Prelims	Finals	Points
Finals				
1	Lawman, Poppy	Azusa Pacific	2:17.48	2:16.91 "B" 10
2	Rickabaugh, Kelsey	Point Loma	2:20.54	2:18.12 8
3	Gasner, Kelsey	Biola	2:18.20	2:18.34 6
4	Williams, Megan	Vanguard	2:20.75	2:18.50 5
5	Matranga, Breelan	Point Loma	2:18.52	2:19.21 4
6	Casarez, Melissa	Point Loma	2:22.12	2:19.98 3
7	Moyer, Megan	Point Loma	2:19.88	2:20.23 2
8	Barnard, Megan	Fresno Pacific	2:19.80	2:20.36 1
9	Thede, Katie	Biola	2:21.30	2:21.01

**24th Annual Golden State Athletic Conference
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Women 1500 Meter Run

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=====
GSAC Record: ! 4:26.96 2009      Jaime Canterbury, Azusa Pacific
Stadium Rec: % 4:44.32 3/27/2010 Fishetti, Biola
                4:43.85  "A"
                4:46.25  "B"
  
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Name	Year	School	Seed	Prelims

Preliminaries				
1		Lawman, Poppy	Azusa Pacific	4:36.53 % 4:42.28Q"A"
2		Kipwambok, Jacky	Azusa Pacific	4:49.57Q
3		Martinez, Victoria	Azusa Pacific	4:40.39 % 4:43.05Q"A"
4		Matranga, Breelan	Point Loma	4:39.50 4:50.09Q
5		Fischetti, Nychele	Biola	4:44.32 % 4:43.91Q"B"
6		Thede, Katie	Biola	4:38.56 4:51.41Q
7		Williams, Megan	Vanguard	4:37.86 % 4:43.99Q"B"
8		Gasner, Kelsey	Biola	4:35.26 4:51.62Q
9		Van Cott, Chelsea	Vanguard	4:54.83 4:46.36q
10		Kerner, Jane	Biola	4:48.25q
11		Lutz, Jacquie	California Baptist	4:59.99 4:54.58q
12		Stump, Rachel	Biola	4:51.83 4:55.60q
13		Reyes, Jazmine	Vanguard	4:56.16 4:56.08
14		Lund, Amy	Concordia (Cal.)	4:59.91 4:56.52
15		Reynolds, Jennifer	Point Loma	4:58.76 4:58.09
16		Harris, April	Concordia (Cal.)	4:57.47 4:59.94
17		Trainor, Hillary	Westmont	5:18.87 5:00.29
18		Saylor, Cathryn	Point Loma	4:53.33 5:03.10
19		Minnick, Lauren	Vanguard	5:07.73 5:11.31
20		Fritzke, Katie	Westmont	5:16.06 5:15.19
21		Haydock, Sarah	Westmont	5:21.10 5:16.00
22		Brown, Natasha	California Baptist	5:10.29 5:16.64
23		Sawyer, Bailee	California Baptist	5:15.00 5:16.81
24		Richeri, Natalia	California Baptist	5:07.99 5:22.27
25		Wiersma, Kristen	Westmont	5:22.57
26		Singleton, Courtney	Point Loma	5:29.74 5:25.70
27		Jimenez, Gabi	California Baptist	5:30.00 5:28.16
28		Gilbert, Christine	Concordia (Cal.)	5:26.21 5:35.20
29		Ingulsrud, Hanna	California Baptist	5:30.00 5:35.65
30		Beard, Megan	Westmont	5:39.82 5:35.84
31		Saavedra, Julie	Westmont	5:33.35 5:36.67
32		Zetsch, Kayla	California Baptist	5:30.00 5:44.68
33		Swift, Elyse	Point Loma	5:41.10 5:58.56

Women 1500 Meter Run

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=====
GSAC Record: ! 4:26.96 2009      Jaime Canterbury, Azusa Pacific
Stadium Rec: % 4:44.32 3/27/2010 Fishetti, Biola
                4:43.85  "A"
                4:46.25  "B"
  
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Name	Year	School	Prelims	Finals	Points

Finals					
1		Lawman, Poppy	Azusa Pacific	4:42.28 4:34.27%"A"	10
2		Kipwambok, Jacky	Azusa Pacific	4:49.57 4:35.11%"A"	8
3		Matranga, Breelan	Point Loma	4:50.09 4:35.84%"A"	6
4		Williams, Megan	Vanguard	4:43.99 4:37.42%"A"	5

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....Women 1500 Meter Run

5	Thede, Katie	Biola	4:51.41	4:38.93%"A"	4
6	Gasner, Kelsey	Biola	4:51.62	4:40.31%"A"	3
7	Martinez, Victoria	Azusa Pacific	4:43.05	4:40.59%"A"	2
8	Van Cott, Chelsea	Vanguard	4:46.36	4:44.07%"B"	1
9	Fischetti, Nychele	Biola	4:43.91	4:45.56 "B"	
10	Kerner, Jane	Biola	4:48.25	4:52.03	
11	Lutz, Jacquie	California Baptist	4:54.58	4:55.92	
12	Stump, Rachel	Biola	4:55.60	5:02.80	

Women 5000 Meter Run

 GSAC Record: ! 16:55.45 2009 Jacky Kipwambok, Azusa Pacific
 Stadium Rec: % 18:05.84 3/27/2010 Katie Thede, Biola
 18:05.50 "A"
 18:25.00 "B"

Name	Year	School	Seed	Finals	Points
1	Graham, Renee	Azusa Pacific	16:49.86	17:08.19%"A"	10
2	Jimison, Lauren	Azusa Pacific	16:47.33	17:11.66%"A"	8
3	Kipwambok, Jacky	Azusa Pacific	16:54.40	17:31.97%"A"	6
4	Sopp, Rebecca	Vanguard		17:41.56%"A"	5
5	Brooks, Sarah	Biola	18:02.24	17:55.61%"A"	4
6	Kerner, Jane	Biola	18:07.50	18:07.31 "B"	3
7	Thede, Katie	Biola	18:05.70	18:09.73 "B"	2
8	Mallen, Jennifer	Concordia (Cal.)	18:15.19	18:15.40 "B"	1
9	Lutz, Jacquie	California Baptist	18:25.00	18:17.31 "B"	
10	Trudelle, Chrissa	Westmont	18:05.64	18:17.81 "B"	
11	Carstensen, Kayla	Azusa Pacific		18:22.99 "B"	
12	Rosendale, Danica	Westmont	18:42.64	18:23.92 "B"	
13	Szabo, Ashlee	Point Loma	18:05.67	18:27.27	
14	Calhoun, Danielle	Biola	18:56.00	18:32.86	
15	Lund, Amy	Concordia (Cal.)		18:32.97	
16	Canales, Emily	Vanguard		18:39.47	
17	Mendoza, Ana	California Baptist	18:34.75	18:43.82	
18	Godfrey, Stephanie	Azusa Pacific		19:14.01	
19	Reyes, Jazmine	Vanguard	21:00.51	19:19.82	
20	Richeri, Natalia	California Baptist	18:55.00	19:34.87	
21	Pattison, Sarah	The Masters	19:39.69	19:38.02	
22	Urata, Michelle	Concordia (Cal.)		19:42.77	
23	Neimeyer, Alyssa	California Baptist		19:43.55	
24	Fritzke, Katie	Westmont	18:22.18	19:44.94	
25	Arroues, Kim	Biola	19:11.00	19:52.48	
26	Ozuna, Genieva	Point Loma	19:09.58	19:55.25	
27	Barnard, Megan	Fresno Pacific	19:42.93	19:59.09	
28	Corrao, Caitlyn	Westmont	19:27.20	20:06.09	
29	Brown, Natasha	California Baptist		20:37.12	
30	Jimenez, Gabi	California Baptist		20:51.29	
31	Sikkelee, Katie	Biola	21:05.89	20:53.00	
32	Sawyer, Bailee	California Baptist		21:05.86	

**24th Annual Golden State Athletic Conference
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Results**

Women 10000 Meter Run

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GSAC Record: ! 36:37.07 2009 Lisa Griego, Westmont
38:45.35 "A"
39:25.00 "B"

Name	Year	School	Seed	Finals	Points
1 Jimison, Lauren		Azusa Pacific		35:49.34!"A"	10
2 Graham, Renee		Azusa Pacific		35:51.62!"A"	8
3 Mokaya, Violet		Concordia (Cal.)		36:17.48!"A"	6
4 Kerner, Jane		Biola		37:19.57 "A"	5
5 Brooks, Sarah		Biola	39:16.42	37:24.09 "A"	4
6 Trudelle, Chrissa		Westmont	38:36.49	38:13.96 "A"	3
7 Kunz, Katie		Point Loma		38:15.38 "A"	2
8 Erbacci, Gina		Point Loma		38:48.64 "B"	1
9 Mendoza, Ana		California Baptist	37:49.00	39:22.11 "B"	
10 Ozuna, Genieva		Point Loma		39:23.01 "B"	
11 Zainos, Araceli		Vanguard	39:20.51	40:00.02	
12 Godfrey, Stephanie		Azusa Pacific		40:00.90	
13 Amaradio, Erika		The Masters	39:47.97	40:15.07	
14 Delira, Emmanuella		Azusa Pacific		40:51.03	
15 Hoch, Kaela		Westmont		42:49.90	

Women 100 Meter Hurdles

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GSAC Record: ! 13.81 2000 Robin Leafblad, Point Loma Nazarene
Stadium Rec: % 15.54 1984 Edwards, Redlands
14.90 "A"
15.25 "B"

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Miller, Natasha		Biola	14.24	% 14.37Q"A"	1
2 Parker, Tiffeny		Azusa Pacific	14.55	% 14.79Q"A"	2
3 Alanis, Jessica		Fresno Pacific	14.96	% 15.11Q"B"	1
4 Tuivanuavou, Milika		Fresno Pacific		% 15.25Q"B"	2
5 Anderson, Victoria		Point Loma	15.20	% 15.26q	1
6 Leslie, Breanna		Azusa Pacific	14.93	% 15.28q	2
7 Baker, Jordan		Concordia (Cal.)	15.60	% 15.52q	1
8 Holding, Emily		Point Loma	15.31	15.64q	2
9 Adarkwa, Sandra		Point Loma	16.05	15.68	2
10 Blockman, Sondra		Westmont	15.52	16.13	2
11 Nash, Emily		Azusa Pacific	16.34	16.98	2
12 Stormans, Laurel		Westmont	15.69	17.02	1
13 Martin, Kesslyn		Biola	17.09	17.11	2
14 Eng, Rachel		Fresno Pacific		17.47	1
15 Ford, Aliza		Fresno Pacific	16.58	17.59	1
16 Newell, Maegan		Azusa Pacific	17.07	21.27	1

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Women 100 Meter Hurdles

 GSAC Record: ! 13.81 2000 Robin Leafblad, Point Loma Nazarene
 Stadium Rec: % 15.54 1984 Edwards, Redlands
 14.90 "A"
 15.25 "B"

Name	Year	School	Prelims	Finals	Points

Finals					
1 Miller, Natasha		Biola	14.37	14.19%"A"	10
2 Leslie, Breanna		Azusa Pacific	15.28	14.74%"A"	8
3 Alanis, Jessica		Fresno Pacific	15.11	14.90%"A"	6
4 Tuivanuavou, Milik		Fresno Pacific	15.25	15.12%"B"	5
5 Anderson, Victoria		Point Loma	15.26	15.20%"B"	4
6 Holding, Emily		Point Loma	15.64	15.60	3
7 Baker, Jordan		Concordia (Cal.)	15.52	15.68	2
-- Parker, Tiffeny		Azusa Pacific	14.79	FS	

Women 400 Meter Hurdles

 GSAC Record: ! 61.06 1988 Susanne Johannsson, Point Loma Nazarene
 Stadium Rec: % 63.44 3/27/2010 Jessica Suddaby, Fresno Pacific
 64.50 "A"
 65.25 "B"

Name	Year	School	Seed	Prelims	H#

Preliminaries					
1 Anderson, Victoria		Point Loma	62.74	63.86Q"A"	2
2 Baker, Jordan		Concordia (Cal.)	63.46	64.34Q"A"	1
3 Suddaby, Jessica		Fresno Pacific	62.45	64.99Q"B"	2
4 Alanis, Jessica		Fresno Pacific	62.22	65.27Q	1
5 Jaeger, Angela		Concordia (Cal.)	65.14	65.47q	1
6 Andersen, Connie		Biola	67.83	66.79q	2
7 Barreto, Kathy		Fresno Pacific	67.40	67.19q	1
8 Blockman, Sondra		Westmont	66.19	67.50q	2
9 Stormans, Laurel		Westmont	65.70	67.76	2
10 Adarkwa, Sandra		Point Loma	67.06	68.26	1
11 Browning, Katie		Point Loma	68.24	70.20	2
12 Newell, Maegan		Azusa Pacific	72.23	74.71	1
13 Barry, Ferin		Azusa Pacific		79.14	1

Women 400 Meter Hurdles

 GSAC Record: ! 61.06 1988 Susanne Johannsson, Point Loma Nazarene
 Stadium Rec: % 63.44 3/27/2010 Jessica Suddaby, Fresno Pacific
 64.50 "A"
 65.25 "B"

Name	Year	School	Prelims	Finals	Points

Finals					
1 Alanis, Jessica		Fresno Pacific	65.27	62.10%"A"	10
2 Suddaby, Jessica		Fresno Pacific	64.99	62.43%"A"	8
3 Anderson, Victoria		Point Loma	63.86	63.72 "A"	6
4 Baker, Jordan		Concordia (Cal.)	64.34	64.86 "B"	5
5 Blockman, Sondra		Westmont	67.50	65.57	4
6 Jaeger, Angela		Concordia (Cal.)	65.47	66.07	3

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7 Barreto, Kathy	Fresno Pacific	67.19	67.51	2
8 Andersen, Connie	Biola	66.79	68.19	1

Women 3000 Meter Steeplechase

GSAC Record: ! 10:58.8h 2009 Aybuke Keehn, Concordia
 Stadium Rec: % 13:00.38 3/27/2010 Katie Sikkelee, Biola
 11:33.00 "A"
 11:47.50 "B"

Name	Year School	Seed	Finals	Points
1 Gasner, Kelsey	Biola	11:17.25	11:03.47%"A"	10
2 Carstensen, Kayla	Azusa Pacific	11:22.31	11:08.62%"A"	8
3 Fischetti, Nychele	Biola	11:06.87	11:16.66%"A"	6
4 Keehn, Aybuke	Concordia (Cal.)		11:17.38%"A"	5
5 Canales, Emily	Vanguard	11:22.08	11:17.93%"A"	4
6 Van Cott, Chelsea	Vanguard	11:42.81	11:35.23%"B"	3
7 Stuart, Kate	Westmont		11:49.30%	2
8 Wicoff, Cassie	Azusa Pacific		12:10.76%	1
9 Feddersen, Sarah	Point Loma	12:36.11	12:30.04%	
10 Sikkelee, Katie	Biola	12:43.60	12:44.87%	
11 Bray, Anna	Point Loma	13:20.30	13:17.85	

Women 4x100 Meter Relay

GSAC Record: ! 47.25 2009 Point Loma Nazarene, Point Loma Nazarene
 Stadium Rec: % 48.14 1981 , CSU Bakersfield
 48.84 "A"
 49.35 "B"

School	Seed	Finals	Points
1 Point Loma	47.52	47.64%"A"	10
1) Menges, Allyson	2) Turner, Jordan		
3) Schreiber, Jackie	4) Laine, Sarah		
2 Azusa Pacific	47.62	47.93%"A"	8
1) Parker, Tiffeny	2) Leslie, Breanna		
3) Fung, Anita	4) Ross, Mandy		
3 Fresno Pacific	48.98	48.43 "A"	6
1) Wyrick, Deirdre	2) Hurd, Brandy		
3) Alanis, Jessica	4) Barnard, Megan		
4 Concordia (Cal.)	49.61	49.57	5
1) Auberry, Asia	2) Brammer, Tanya		
3) Baker, Jordan	4) Moser, Samantha		
5 Westmont	50.89	50.42	4
1) Stormans, Laurel	2) Senko, Rachel		
3) Chevalier, Amanda	4) Blockman, Sondra		
6 Vanguard	50.06	50.43	3
1) Rodriguez, Melina	2) Armando, Allie		
3) Davis, Kelsie	4) Neves, Diana		
7 Biola	52.93	52.50	2
1) Zalesky, Alexandra	2) Andersen, Connie		
3) Forsi, Brooke	4) Zappas, Zoe		

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Women 4x400 Meter Relay

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GSAC Record: ! 3:51.73 1998      California Baptist, California Baptist
Stadium Rec: % 3:57.94 1977      , CSU Bakersfield
                3:58.25 "A"
                4:01.50 "B"
  
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School	Seed	Finals	Points
1 Point Loma	3:47.36	3:52.80% "A"	10
1) Turner, Jordan	2) Ham, Cassandra		
3) Anderson, Victoria	4) Laine, Sarah		
2 Fresno Pacific	3:54.63	3:54.57% "A"	8
1) Suddaby, Jessica	2) Hurd, Brandy		
3) Wyrick, Deirdre	4) Mazza, Jessica		
3 Azusa Pacific	3:58.61	3:55.58% "A"	6
1) Jackson, Sharayza	2) Fung, Anita		
3) Lawman, Poppy	4) Ross, Mandy		
4 Biola	4:06.00	4:02.68	5
1) Forsi, Brooke	2) Gasner, Kelsey		
3) Miller, Natasha	4) Fischetti, Nychele		
5 Concordia (Cal.)	4:07.27	4:06.01	4
1) Baker, Jordan	2) Jaeger, Angela		
3) Caruana, Aubree	4) Moser, Samantha		
6 Vanguard	4:21.66	4:09.14	3
1) Armando, Allie	2) Williams, Megan		
3) Davis, Kelsie	4) Neves, Diana		
7 Westmont	4:13.76	4:30.68	2
1) Ross, Hannah	2) Dixon, Courtney		
3) Stuart, Kate	4) Nealon, Theresa		

Women 4x800 Meter Relay

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GSAC Record: ! 9:10.21 2008      Azusa Pacific, Azusa Pacific
Stadium Rec: % 9:52.60 1981      , CSU Bakersfield
                9:35.00 "A"
                9:44.00 "B"
  
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School	Seed	Finals	Points
1 Azusa Pacific		9:23.14% "A"	10
1) Newlin, Abbie	2) Martinez, Victoria		
3) Kipwambok, Jacky	4) Lawman, Poppy		
2 Point Loma	9:21.80	9:31.77% "A"	8
1) Casarez, Melissa	2) Massenburg, Bailey		
3) Moyer, Megan	4) Rickabaugh, Kelsey		
3 Biola	9:20.39	9:34.04% "A"	6
1) Thede, Katie	2) Kenney, Clarissa		
3) Stump, Rachel	4) Brummund, Brooklin		
4 Fresno Pacific		9:52.47%	5
1) Straw, Amanda	2) Langley, Michelle		
3) Barnard, Megan	4) Alanis, Jessica		
5 Concordia (Cal.)	10:09.83	10:29.31	4
1) Harris, April	2) Moser, Samantha		
3) Caruana, Aubree	4) Pelayo, Rocio		
6 Westmont	10:20.10	10:41.27	3
1) Dixon, Courtney	2) Haydock, Sarah		
3) Fritzke, Katie	4) Nealon, Theresa		

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Women High Jump

 GSAC Record: ! 1.83m 1991 Latrese Johnson, Azusa Pacific
 Stadium Rec: % 1.82m 1972 Brill, Canada
 1.68m "A"
 1.65m "B"

Name	Year	School	Seed	Finals	Points
1 Miller, Natasha		Biola	1.78m	1.68m "A"	5-06.00 10
2 Davis, Kelsie		Vanguard	1.65m	1.63m	5-04.25 8
3 Brammer, Tanya		Concordia (Cal.)	1.68m	J1.63m	5-04.25 6
4 Anderson, Victoria		Point Loma	1.67m	1.58m	5-02.25 5
5 Straw, Amanda		Fresno Pacific	1.62m	J1.58m	5-02.25 3.50
5 Wood, Kelsey		Concordia (Cal.)	1.65m	J1.58m	5-02.25 3.50
7 Mazza, Jessica		Fresno Pacific	1.60m	1.53m	5-00.25 2
8 Jarnagin, Carrie		Azusa Pacific	1.50m	J1.53m	5-00.25 1
9 Parker, Tiffeny		Azusa Pacific	1.64m	J1.53m	5-00.25
10 Jimenez, Raquel		Azusa Pacific	1.50m	1.48m	4-10.25
10 Leslie, Breanna		Azusa Pacific	1.55m	1.48m	4-10.25
12 Nash, Emily		Azusa Pacific	1.49m	1.43m	4-08.25
13 Clark, Rachel		Westmont	1.30m	1.38m	4-06.25
13 Moore, Megan		Westmont	1.47m	1.38m	4-06.25
15 Morehouse, Heidi		Vanguard	1.30m	1.28m	4-02.25

Women Pole Vault

 GSAC Record: ! 4.33m 2000 Lesa Kubishta, Point Loma Nazarene
 Stadium Rec: % 2.76m 3/26/2008 Connie Steiner, George Fox
 3.53m "A"
 3.43m "B"

Name	Year	School	Seed	Finals	Points
1 Duckworth, Rebecca		Point Loma	3.65m	3.70m% "A"	12-01.50 10
2 Schwartz, Elizabet		Azusa Pacific	3.35m	3.60m% "A"	11-09.75 8
3 Morehouse, Heidi		Vanguard	3.11m	3.00m%	9-10.00 6
4 Zalesky, Alexandra		Biola	2.60m	J3.00m%	9-10.00 5
5 Monticalvo, Kelsey		Concordia (Cal.)	2.81m	2.90m%	9-06.25 4
6 Oakes, Chelsea		Point Loma	2.51m	2.30m	7-06.50 3
-- Barry, Ferin		Azusa Pacific	2.96m	NH	
-- Richert, Lindsey		Point Loma	2.60m	NH	

Women Long Jump

 GSAC Record: ! 5.81m 2006 Natalie Friesen, Fresno Pacific
 Stadium Rec: % 5.73m 3/27/2010 Angie Miller, George Fox
 5.59m "A"
 5.44m "B"

Name	Year	School	Seed	Finals	Points
1 Kearin, Kasey		Westmont	5.58m	5.53m "B"	18-01.75 10
2 Turner, Jordan		Point Loma	5.45m	5.50m "B"	18-00.50 8
3 Brammer, Tanya		Concordia (Cal.)	5.53m	5.48m "B"	17-11.75 6
4 Miller, Natasha		Biola	5.48m	5.39m	17-08.25 5
5 Parker, Tiffeny		Azusa Pacific	5.59m	5.33m	17-06.00 4
6 Straw, Amanda		Fresno Pacific		5.16m	16-11.25 3
7 Rodriguez, Melina		Vanguard	4.97m	5.06m	16-07.25 2

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....Women Long Jump

8	Holding, Emily	Point Loma	5.09m	5.02m	16-05.75	1
9	Tuivanuavou, Milik	Fresno Pacific		4.99m	16-04.50	
10	Langley, Michelle	Fresno Pacific	5.12m	4.96m	16-03.25	
11	Nash, Emily	Azusa Pacific	5.07m	4.95m	16-03.00	
12	Leslie, Breanna	Azusa Pacific	5.36m	4.90m	16-01.00	
12	Anderson, Victoria	Point Loma	5.09m	4.90m	16-01.00	
14	Pantoja, Veronica	Fresno Pacific	5.16m	4.80m	15-09.00	
15	Henry, Aja	Point Loma	5.28m	4.75m	15-07.00	
16	Barreto, Kathy	Fresno Pacific	4.67m	4.66m	15-03.50	
17	Nelson, Elizabeth	Point Loma	4.43m	4.13m	13-06.75	
18	Ramos, Gretchen	Westmont	3.89m	3.90m	12-09.50	
19	Broom, Chrissy	Westmont	3.98m	3.89m	12-09.25	

Women Triple Jump

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GSAC Record:	! 12.10m	2008	Natalie Friesen, Fresno Pacific
Stadium Rec:	% 11.26m	3/27/2010	Milika Tuivanuavou, Fresno Pacific
	11.43m	"A"	
	11.20m	"B"	

Name	Year	School	Seed	Finals	Points
1 Tuivanuavou, Milik		Fresno Pacific	11.85m	11.89m% "A"	39-00.25 10
2 Kearin, Kasey		Westmont	10.98m	11.60m% "A"	38-00.75 8
3 Suddaby, Jessica		Fresno Pacific	11.19m	11.17m	36-07.75 6
4 Pantoja, Veronica		Fresno Pacific	10.87m	11.07m	36-04.00 5
5 Langley, Michelle		Fresno Pacific	10.64m	10.88m	35-08.50 4
6 Rodriguez, Melina		Vanguard	10.83m	10.47m	34-04.25 3
7 Davis, Kelsie		Vanguard	9.92m	10.32m	33-10.25 2
8 Hamilton, Demi		Fresno Pacific	10.46m	10.26m	33-08.00 1
9 Ford, Aliza		Fresno Pacific	10.68m	9.97m	32-08.50
10 Henry, Aja		Point Loma	10.28m	9.96m	32-08.25
11 Nelson, Elizabeth		Point Loma	9.14m	9.26m	30-04.75

Women Shot Put

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GSAC Record:	! 17.94m	2002	Vivian Chukweuemeka, Azusa Pacific
Stadium Rec:	% 14.41m	1981	Hamilton, CSU Bakersfield
	12.95m	"A"	
	12.57m	"B"	

Name	Year	School	Seed	Finals	Points
1 Tuivanuavou, Milik		Fresno Pacific	13.46m	13.14m "A"	43-01.50 10
2 Parker, Tiffeny		Azusa Pacific	11.32m	11.69m	38-04.25 8
3 Orris, Lauren		Azusa Pacific	11.40m	11.48m	37-08.00 6
4 Sharp, Alison		Westmont	11.54m	11.24m	36-10.50 5
5 Smith, Cheri		Azusa Pacific	10.75m	10.95m	35-11.25 4
6 Robusto, Jordan		Azusa Pacific		10.78m	35-04.50 3
7 Sornoso, Naomi		Biola	10.74m	10.29m	33-09.25 2
8 Hardeman, Tashia		Point Loma	9.78m	9.64m	31-07.50 1
9 Hernandez, Sebasti		Westmont	9.41m	9.33m	30-07.50
10 Gingeresky, Renee		Westmont	10.44m	8.24m	27-00.50
11 Faaleaoga, Agnes		Point Loma	10.83m	8.17m	26-09.75
12 Thym, Kiersten		Westmont	8.16m	8.01m	26-03.50
13 Broom, Chrissy		Westmont	8.63m	7.37m	24-02.25

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Women Discus Throw

 GSAC Record: ! 53.02m 2003 Vivian Chukweuemeka, Azusa Pacific
 Stadium Rec: % 42.57m 1986 Daugherty, Redlands
 42.18m "A"
 41.10m "B"

Name	Year	School	Seed	Finals	Points	
1		Tuivanuavou, Milik	Fresno Pacific	39.78m	42.72m% "A"	140-02 10
2		Robusto, Jordan	Azusa Pacific	40.52m	39.47m	129-06 8
3		Faaleaoga, Agnes	Point Loma	34.90m	37.47m	122-11 6
4		Sharp, Alison	Westmont	39.12m	37.39m	122-08 5
5		Smith, Cheri	Azusa Pacific	36.46m	36.60m	120-01 4
6		Sornoso, Naomi	Biola	35.75m	36.17m	118-08 3
7		Cook, Annelise	Point Loma	35.07m	34.70m	113-10 2
8		Orris, Lauren	Azusa Pacific	41.15m	30.94m	101-06 1
9		Gingeresky, Renee	Westmont	28.86m	28.42m	93-03
10		Thym, Kiersten	Westmont	26.64m	26.19m	85-11
11		Broom, Chrissy	Westmont	27.12m	25.17m	82-07

Women Hammer Throw

 GSAC Record: ! 58.28m 2006 Vivian Chukweuemeka, Azusa Pacific
 Stadium Rec: % 47.47m 2001 Roberts, Azusa Pacific
 46.94m "A"
 46.15m "B"

Name	Year	School	Seed	Finals	Points	
1		Robusto, Jordan	Azusa Pacific	48.46m	46.68m "B"	153-02 10
2		Dwyer, Erin	Azusa Pacific	50.21m	45.36m	148-10 8
3		Orris, Lauren	Azusa Pacific	40.28m	42.42m	139-02 6
4		Stetz, Erica	Westmont	40.24m	40.98m	134-05 5
5		Cook, Annelise	Point Loma	37.81m	40.65m	133-04 4
6		Sharp, Alison	Westmont	43.37m	40.09m	131-06 3
7		Smith, Cheri	Azusa Pacific	42.86m	38.78m	127-03 2
8		Ford, Aliza	Fresno Pacific	36.63m	37.20m	122-00 1
9		Faaleaoga, Agnes	Point Loma	33.61m	33.82m	110-11
10		Hernandez, Sebasti	Westmont	36.56m	33.10m	108-07
11		Thym, Kiersten	Westmont	29.01m	28.12m	92-03
12		Sornoso, Naomi	Biola	29.43m	27.94m	91-08
13		Broom, Chrissy	Westmont	26.81m	27.71m	90-11
14		Gingeresky, Renee	Westmont	23.12m	21.10m	69-03

Women Javelin Throw

 GSAC Record: ! 45.98m 1988 Mary Ellen Sacker, Westmont
 Stadium Rec: % 43.90m 3/27/2010 Beth Stam, George Fox
 40.08m "A"
 38.70m "B"

Name	Year	School	Seed	Finals	Points	
1		Tuivanuavou, Milik	Fresno Pacific	43.62m	"A"	143-01 10
2		Marinos, Tiffany	Fresno Pacific	41.80m	39.96m "B"	131-01 8
3		Hempy, Kristin	Westmont	35.36m	39.19m "B"	128-07 6
4		Hardeman, Tashia	Point Loma	27.11m	36.98m	121-04 5
5		Leslie, Breanna	Azusa Pacific	34.54m	36.18m	118-08 4

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....Women Javelin Throw

6	Martin, Kesslyn	Biola	33.11m	35.77m	117-04	3
7	Robusto, Jordan	Azusa Pacific	36.85m	35.34m	115-11	2
8	Hernandez, Sebasti	Westmont	34.11m	34.26m	112-05	1
9	Parker, Tiffeny	Azusa Pacific	35.58m	32.38m	106-03	
10	Nash, Emily	Azusa Pacific	34.36m	31.20m	102-04	
11	London, Hilary	Point Loma	28.48m	30.83m	101-02	
12	Sharp, Alison	Westmont	34.48m	30.68m	100-08	
13	Jarnagin, Carrie	Azusa Pacific	28.55m	29.44m	96-07	
14	Mazza, Jessica	Fresno Pacific	34.26m	29.14m	95-07	
15	Holding, Emily	Point Loma	30.89m	28.72m	94-03	
16	Faaleaoga, Agnes	Point Loma		24.23m	79-06	
17	Broom, Chrissy	Westmont	25.18m	24.06m	78-11	
18	Thym, Kiersten	Westmont	22.79m	19.60m	64-04	

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	H#	Points
1	Ramirez, Caitlyn	The Masters	26.69	2 738
2	Adarkwa, Sandra	Point Loma	27.07	1 706
3	Holding, Emily	Point Loma	27.11	2 703
4	Hempey, Kristin	Westmont	27.41	1 678
5	Bellanger, Monique	Point Loma	27.89	1 640
6	Straw, Amanda	Fresno Pacific	28.02	2 629
7	Andersen, Connie	Biola	28.17	2 617
8	Mazza, Jessica	Fresno Pacific	29.16	1 542
9	Michaelis, Catherine	Fresno Pacific	30.15	1 472
10	Nydam, Elisabeth	Westmont	30.54	2 445

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1	Andersen, Connie	Biola	2:24.77 760
2	Straw, Amanda	Fresno Pacific	2:27.57 724
3	Ramirez, Caitlyn	The Masters	2:30.35 688
4	Adarkwa, Sandra	Point Loma	2:30.70 684
5	Holding, Emily	Point Loma	2:38.68 588
6	Hempey, Kristin	Westmont	2:40.42 568
7	Nydam, Elisabeth	Westmont	2:43.99 528
8	Bellanger, Monique	Point Loma	2:48.04 484
9	Michaelis, Catherine	Fresno Pacific	2:48.52 479
10	Mazza, Jessica	Fresno Pacific	2:54.20 421

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	H#	Points
1	Holding, Emily	Point Loma	15.38	1 792
2	Straw, Amanda	Fresno Pacific	15.91	2 725
3	Adarkwa, Sandra	Point Loma	16.17	1 694
4	Hempey, Kristin	Westmont	16.41	1 665
5	Ramirez, Caitlyn	The Masters	16.48	2 657
6	Andersen, Connie	Biola	17.69	1 521

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....Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

7	Mazza, Jessica	Fresno Pacific	17.82	2	507
8	Nydam, Elisabeth	Westmont	18.54	2	434
9	Bellanger, Monique	Point Loma	18.61	1	427
10	Michaelis, Catherine	Fresno Pacific	21.00	2	225

Heptathlon: #2 Women High Jump Heptathlon

Name	Year School	Finals	Points
1 Straw, Amanda	Fresno Pacific	1.63m 5-04.25	771
2 Ramirez, Caitlyn	The Masters	1.57m 5-01.75	701
2 Mazza, Jessica	Fresno Pacific	1.57m 5-01.75	701
4 Holding, Emily	Point Loma	1.54m 5-00.50	666
5 Hempy, Kristin	Westmont	1.42m 4-07.75	534
5 Adarkwa, Sandra	Point Loma	1.42m 4-07.75	534
7 Andersen, Connie	Biola	1.39m 4-06.75	502
8 Bellanger, Monique	Point Loma	1.36m 4-05.50	470
9 Nydam, Elisabeth	Westmont	1.30m 4-03.25	409
10 Michaelis, Catherine	Fresno Pacific	1.27m 4-02.00	379

Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Points
1 Straw, Amanda	Fresno Pacific	5.05m 16-07.00	573
2 Mazza, Jessica	Fresno Pacific	4.74m 15-06.75	490
3 Holding, Emily	Point Loma	4.72m 15-06.00	485
4 Andersen, Connie	Biola	4.52m 14-10.00	433
5 Adarkwa, Sandra	Point Loma	4.51m 14-09.75	431
6 Bellanger, Monique	Point Loma	4.46m 14-07.75	418
7 Ramirez, Caitlyn	The Masters	4.32m 14-02.25	384
8 Hempy, Kristin	Westmont	4.29m 14-01.00	376
9 Nydam, Elisabeth	Westmont	3.97m 13-00.25	301
10 Michaelis, Catherine	Fresno Pacific	3.89m 12-09.25	283

Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	Points
1 Mazza, Jessica	Fresno Pacific	9.80m 32-02.00	516
2 Straw, Amanda	Fresno Pacific	9.77m 32-00.75	514
3 Holding, Emily	Point Loma	9.56m 31-04.50	501
4 Bellanger, Monique	Point Loma	9.09m 29-10.00	470
5 Hempy, Kristin	Westmont	8.63m 28-03.75	440
6 Ramirez, Caitlyn	The Masters	8.51m 27-11.00	432
6 Andersen, Connie	Biola	8.51m 27-11.00	432
8 Michaelis, Catherine	Fresno Pacific	8.33m 27-04.00	421
9 Nydam, Elisabeth	Westmont	7.58m 24-10.50	372
10 Adarkwa, Sandra	Point Loma	6.36m 20-10.50	294

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Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	Points
1 Andersen, Connie	Biola	35.66m	117-00 584
2 Hempy, Kristin	Westmont	34.40m	112-10 560
3 Mazza, Jessica	Fresno Pacific	33.20m	108-11 537
4 Michaelis, Catherine	Fresno Pacific	29.04m	95-03 458
5 Holding, Emily	Point Loma	28.66m	94-00 451
6 Straw, Amanda	Fresno Pacific	27.62m	90-07 432
7 Ramirez, Caitlyn	The Masters	23.89m	78-04 361
8 Nydam, Elisabeth	Westmont	23.64m	77-07 357
9 Bellanger, Monique	Point Loma	23.24m	76-03 349
10 Adarkwa, Sandra	Point Loma	14.95m	49-00 196

Women Heptathlon

GSAC Record: ! 4448 2009 Amanda Straw, Fresno Pacific
 3400 "A"

Name	Year School	Seed	Finals	Points
1 Straw, Amanda	Fresno Pacific	4263	4368.00 "A"	10
2 Holding, Emily	Point Loma	4151	4186.00 "A"	8
3 Ramirez, Caitlyn	The Masters	3919	3961.00 "A"	6
4 Andersen, Connie	Biola	3661	3849.00 "A"	5
5 Hempy, Kristin	Westmont	3958	3821.00 "A"	4
6 Mazza, Jessica	Fresno Pacific	3541	3714.00 "A"	3
7 Adarkwa, Sandra	Point Loma	3422	3539.00 "A"	2
8 Bellanger, Monique	Point Loma		3258.00	1
9 Nydam, Elisabeth	Westmont	2857	2846.00	
10 Michaelis, Catheri	Fresno Pacific	2713	2717.00	

Men 100 Meter Dash

GSAC Record: ! 10.23 2004 Mike Mitchell, Azusa Pacific
 Stadium Rec: % 10.55 1971 Jean-Louie Ravelomanantsoa, Westmont
 10.70 "A"
 10.82 "B"

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Whitelow, Elvis	Vanguard	11.27	10.78Q "B"	3
2 Perkins, Aze	Vanguard	11.24	10.93Q	4
3 Keene, Zachary	Azusa Pacific	10.89	10.97Q	1
4 Lewis, Sean	Point Loma	11.05	11.19Q	2
5 Savidge, Jordan	Azusa Pacific		10.95q	3
6 Harkins, Bryan	Concordia (Cal.)	11.17	11.12q	3
7 Vollmer, Eugene	Fresno Pacific		11.26q	4
8 Dejongh, Ethan	Fresno Pacific		11.26q	3
9 McCann, Jimmy	Westmont	11.42	11.36	1
10 Sutton, Monti	Azusa Pacific		11.45	1
11 Hayes, Isaac	Westmont	11.19	11.45	4
12 Davidson, Jeremy	Point Loma		11.45	4
13 Whiteside, Lamarcus	Concordia (Cal.)	11.31	11.51	2
14 Feeney, James	Azusa Pacific	11.68	11.68	4
15 Sabio, Alexander	Azusa Pacific	11.54	11.73	2

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....Men 100 Meter Dash

16	Ellis, John	Azusa Pacific		11.77	1
17	Thompkins, Adam	Westmont	11.80	11.79	3
18	Bacchus, Matthew	Biola	11.63	11.81	3
19	Mead, Daniel	Point Loma	11.74	11.84	4
20	Rodriguez, Jesse	Vanguard	11.97	11.86	1
21	Hsiao, Jeff	Westmont	11.88	11.92	1
22	Lyons, Addison	Fresno Pacific	12.10	11.94	3
23	Jones, De Andre	Point Loma	12.03	11.98	2
24	Sidebotham, Joseph	Westmont	12.19	12.00	4
25	Lopez, Richard	Westmont	12.60	12.80	3
26	Gutierrez, Salvador	Azusa Pacific		14.15	2

Men 100 Meter Dash

GSAC Record:	! 10.23	2004	Mike Mitchell, Azusa Pacific
Stadium Rec:	% 10.55	1971	Jean-Louie Ravelomanantsoa, Westmont
	10.70	"A"	
	10.82	"B"	

Name	Year	School	Prelims	Finals	Points
Finals					
1	Keene, Zachary	Azusa Pacific	10.97	10.78 "B"	10
2	Lewis, Sean	Point Loma	11.19	10.88	8
3	Perkins, Aze	Vanguard	10.93	11.00	6
4	Savidge, Jordan	Azusa Pacific	10.95	11.13	4.50
4	Harkins, Bryan	Concordia (Cal.)	11.12	11.13	4.50
6	Dejongh, Ethan	Fresno Pacific	11.26	11.19	3
7	Vollmer, Eugene	Fresno Pacific	11.26	11.36	2

Men 200 Meter Dash

GSAC Record:	! 21.08	2004	Mike Mitchell, Azusa Pacific
Stadium Rec:	% 21.64	1970	Allotey, CSU Los Angeles
	21.78	"A"	
	21.96	"B"	

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Whitelow, Elvis	Vanguard	21.47	21.77Q "A"	1
2	Kakuda, Ronsen	Point Loma	22.30	22.38Q	3
3	Keene, Zachary	Azusa Pacific	21.71	22.73Q	2
4	Black, Dan	Vanguard	22.36	22.67q	3
5	Aeschliman, Gaberiel	Biola	22.52	22.87q	2
6	Davidson, Jeremy	Point Loma	22.72	22.93q	1
7	Reckas, Ben	Fresno Pacific		22.96q	2
8	McCann, Jimmy	Westmont	22.70	23.20q	1
9	Whiteside, Lamarcus	Concordia (Cal.)	23.15	23.31	2
10	Sommerville, Jerry	Azusa Pacific		23.50	2
11	Woodlief, Conor	Azusa Pacific	23.29	23.53	3
12	Hunt, Steven	Azusa Pacific	23.86	23.54	2
13	McMunn, CJ	Biola	23.61	23.80	3
14	Harkins, Bryan	Concordia (Cal.)		23.95	1
15	Sabio, Alexander	Azusa Pacific	24.24	24.07	3
16	Mead, Daniel	Point Loma	24.04	24.17	1

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17	Sidebotham, Joseph	Westmont	24.16	24.20	2
18	Jones, De Andre	Point Loma	24.58	24.45	2
19	Bacchus, Matthew	Biola	24.00	24.82	1
20	Hoerner, Jared	Biola	25.21	25.38	1
21	Zimmerman, Jared	Biola		25.83	3

Men 200 Meter Dash

GSAC Record: !	21.08	2004	Mike Mitchell, Azusa Pacific
Stadium Rec: %	21.64	1970	Allotey, CSU Los Angeles
	21.78	"A"	
	21.96	"B"	

Name	Year	School	Prelims	Finals	Points
Finals					
1	Keene, Zachary	Azusa Pacific	22.73	21.63%A"	10
2	Kakuda, Ronsen	Point Loma	22.38	22.35	8
3	Black, Dan	Vanguard	22.67	22.91	6
4	Aeschliman, Gaberi	Biola	22.87	22.96	5
5	Davidson, Jeremy	Point Loma	22.93	23.00	4
6	McCann, Jimmy	Westmont	23.20	23.01	3
7	Reckas, Ben	Fresno Pacific	22.96	23.12	2

Men 400 Meter Dash

GSAC Record: !	47.14	1997	Dunle Adejuygibe, Biola
Stadium Rec: %	48.34	1970	Davis, CSU Los Angeles
	48.54	"A"	
	48.90	"B"	

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Logan, Anthony	Azusa Pacific	48.49	49.11Q	1
2	Kakuda, Ronsen	Point Loma	49.30	49.89Q	2
3	Black, Dan	Vanguard	49.67	49.55Q	1
4	Botma, Corey	Point Loma	49.00	49.92Q	2
5	Rose, Morgan	Vanguard	49.69	50.00q	1
6	Clark, Anthony	Fresno Pacific		50.46q	1
7	Aeschliman, Gaberiel	Biola	50.01	50.59q	2
8	Norman, Ronnie	Concordia (Cal.)	51.46	51.63q	1
9	Thompkins, Isaac	Westmont	51.27	51.69	1
10	Woodlief, Conor	Azusa Pacific	51.25	52.17	2
11	Hunt, Steven	Azusa Pacific	52.02	52.21	2
12	Lawton, Phillip	California Baptist	53.00	53.71	1
13	Tromberg, Brian	Biola	52.33	54.31	2
14	Solis, David	California Baptist	56.00	59.06	2

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Men 400 Meter Dash

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=====
GSAC Record: ! 47.14 1997      Dunle Adejuygibe, Biola
Stadium Rec: % 48.34 1970      Davis, CSU Los Angeles
                48.54  "A"
                48.90  "B"
  
```

Name	Year	School	Prelims	Finals	Points
=====					
Finals					
1 Kakuda, Ronsen		Point Loma	49.89	48.91	10
2 Logan, Anthony		Azusa Pacific	49.11	49.15	8
3 Black, Dan		Vanguard	49.55	49.62	6
4 Botma, Corey		Point Loma	49.92	49.70	5
5 Clark, Anthony		Fresno Pacific	50.46	50.13	4
6 Rose, Morgan		Vanguard	50.00	50.38	3
7 Aeschliman, Gaberi		Biola	50.59	50.47	2
8 Norman, Ronnie		Concordia (Cal.)	51.63	51.68	1

Men 800 Meter Run

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=====
GSAC Record: ! 1:50.18 2006      Tim Ramirez, Azusa Pacific
Stadium Rec: % 1:50.24 1968      Dennis Savage, Westmont
                1:53.50  "A"
                1:54.50  "B"
  
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Name	Year	School	Seed	Prelims
=====				
Preliminaries				
1 Weller, Mark		Biola	1:58.41	1:57.50Q
2 Botma, Corey		Point Loma	1:52.01	1:58.41Q
3 Williams, Chase		California Baptist	1:54.96	1:58.07Q
4 Williams, Eric		Westmont	1:55.33	1:58.47Q
5 Gourdeau, Garrison		Westmont	1:58.77	1:58.13Q
6 Jones, Brant		Point Loma	1:58.80	1:58.83Q
7 Cline, Chris		California Baptist	1:54.00	1:58.22q
8 Hodges, Josh		Fresno Pacific	1:56.16	1:58.83q
9 Smith, Chad		Vanguard	2:00.02	1:58.89q
10 Saylor, Christian		Azusa Pacific	2:00.78	1:59.15
11 Shiney, Matthew		Westmont	1:59.10	2:00.95
12 Ortiz, Marvin		Fresno Pacific	2:02.59	2:03.59
13 Whitaker, Chris		Point Loma	2:01.53	2:04.66
14 Phelps, Stephen		Concordia (Cal.)	2:06.00	2:06.22
15 Varak, Jordan		The Masters	2:04.64	2:06.35
16 Rollins, Jarid		Concordia (Cal.)	2:05.21	2:07.74
17 Jax, Kyle		Point Loma	2:07.60	2:08.08
18 Evancoe, John		Westmont	2:09.22	2:09.05

Men 800 Meter Run

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=====
GSAC Record: ! 1:50.18 2006      Tim Ramirez, Azusa Pacific
Stadium Rec: % 1:50.24 1968      Dennis Savage, Westmont
                1:53.50  "A"
                1:54.50  "B"
  
```

Name	Year	School	Prelims	Finals	Points
=====					
Finals					
1 Botma, Corey		Point Loma	1:58.41	1:54.69	10

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2	Williams, Eric	Westmont	1:58.47	1:55.01	8
3	Cline, Chris	California Baptist	1:58.22	1:55.32	6
4	Williams, Chase	California Baptist	1:58.07	1:56.31	5
5	Hodges, Josh	Fresno Pacific	1:58.83	1:57.57	4
6	Weller, Mark	Biola	1:57.50	1:58.31	3
7	Jones, Brant	Point Loma	1:58.83	1:59.23	2
8	Gourdeau, Garrison	Westmont	1:58.13	2:00.71	1
9	Smith, Chad	Vanguard	1:58.89	2:02.38	

Men 1500 Meter Run

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GSAC Record: ! 3:45.84 2008 Aron Rono, Azusa Pacific
Stadium Rec: % 3:57.58 3/27/2010 Jacob Goodin, Westmont
3:55.25 "A"
3:57.60 "B"

Name	Year	School	Seed	Prelims	
=====					
Preliminaries					
1		Goodin, Jacob	Westmont	3:53.02	4:01.49Q
2		Magut, Abendego	Azusa Pacific	3:52.62	4:01.54Q
3		Delgado, Victor	California Baptist	4:02.00	4:02.17Q
4		Madrid, Javier	California Baptist	3:58.00	4:03.54Q
5		Kear, Casey	Point Loma	3:56.26	4:02.40Q
6		Timphony, JJ	Azusa Pacific	3:59.47	4:03.57Q
7		de Glymes, Christian	Vanguard	3:57.84	4:02.69Q
8		Gilbertson, John	The Masters	3:56.17	4:04.78Q
9		Moore, Mitchell	California Baptist	4:02.00	4:03.63q
10		Carlson, Kirk	Biola	4:07.70	4:03.76q
11		Oliver, Zachary	Concordia (Cal.)	4:06.04	4:07.40q
12		Ernst, Ryan	Point Loma	4:06.86	4:09.46q
13		Monteon, Jonathan	California Baptist	4:10.00	4:13.06
14		Verdone, Joshua	California Baptist	4:15.00	4:14.33
15		Phelps, Stephen	Concordia (Cal.)	4:20.99	4:16.30
16		Evancoe, John	Westmont	4:18.05	4:17.08
17		Gomez, Joshua	Concordia (Cal.)	4:15.89	4:19.28
18		Harabedian, Joseph	Biola	4:29.67	4:22.37

Men 1500 Meter Run

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GSAC Record: ! 3:45.84 2008 Aron Rono, Azusa Pacific
Stadium Rec: % 3:57.58 3/27/2010 Jacob Goodin, Westmont
3:55.25 "A"
3:57.60 "B"

Name	Year	School	Prelims	Finals	Points
=====					
Finals					
1		Magut, Abendego	Azusa Pacific	4:01.54	3:52.53%"A" 10
2		Kear, Casey	Point Loma	4:02.40	3:56.28%"B" 8
3		Goodin, Jacob	Westmont	4:01.49	3:56.51%"B" 6
4		de Glymes, Christi	Vanguard	4:02.69	3:57.72 5
5		Gilbertson, John	The Masters	4:04.78	3:59.36 4
6		Madrid, Javier	California Baptist	4:03.54	4:00.78 3
7		Moore, Mitchell	California Baptist	4:03.63	4:01.06 2
8		Carlson, Kirk	Biola	4:03.76	4:03.45 1

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....Men 1500 Meter Run

9 Delgado, Victor	California Baptist	4:02.17	4:04.64
10 Timphony, JJ	Azusa Pacific	4:03.57	4:08.14
11 Ernst, Ryan	Point Loma	4:09.46	4:15.38

Men 5000 Meter Run

GSAC Record: !	14:31.02	1998	Jaime Martinez, Azusa Pacific
Stadium Rec: %	14:53.84	1970	Dennis Savage, Westmont
	14:56.24	"A"	
	15:12.00	"B"	

Name	Year	School	Seed	Finals	Points
1 Magut, Abendego		Azusa Pacific	14:31.69	14:41.23% "A"	10
2 Pizzo, Anthony		The Masters	14:37.49	14:46.45% "A"	8
3 Gilbertson, John		The Masters	14:38.18	15:05.29 "B"	6
4 de Glymes, Christi		Vanguard		15:07.59 "B"	5
5 McNulty, Kyle		Biola		15:12.19	4
6 Day, Matthew		Westmont	15:21.59	15:22.36	3
7 Rodriguez, Sergio		California Baptist	15:30.00	15:23.70	2
8 Orozco, Fernando		Vanguard	15:44.17	15:27.00	1
9 Timphony, JJ		Azusa Pacific		15:27.42	
10 Johnson, Matt		Vanguard		15:28.03	
11 Rodriguez, Cesar		Fresno Pacific	15:22.15	15:30.33	
12 Lyle, Spencer		Biola	16:17.51	15:30.66	
13 Lacambra, Anthony		Azusa Pacific		15:31.22	
14 Kemp, Nathan		Westmont		15:32.10	
15 Jeanson, Jake		Westmont	15:21.35	15:36.73	
16 Goodin, Jacob		Westmont	15:23.78	15:38.99	
17 Delgado, Victor		California Baptist		15:42.17	
18 Winston, Spencer		Azusa Pacific		15:45.91	
19 Madrid, Javier		California Baptist	15:15.00	15:47.93	
20 MacNeil, William		Point Loma	15:21.89	15:51.52	
21 Langworthy, Mark		California Baptist	15:45.00	15:51.65	
22 Lewton, Forrest		Azusa Pacific		15:54.39	
23 Kear, Casey		Point Loma	15:19.46	15:56.96	
24 Williams, Carter		Biola		15:57.43	
25 Carlson, Kirk		Biola	15:14.00	15:57.81	
26 Rojas, Alex		California Baptist	15:50.00	16:07.58	
27 Morin, Mike		Biola	16:15.10	16:14.04	
28 Mynes, Patrick		California Baptist	15:30.00	16:15.88	
29 McAlister, Camden		The Masters	16:16.31	16:18.62	
30 Lopez, Joe		Azusa Pacific		16:19.13	
31 Detmar, Charlie		Westmont	16:04.23	16:20.69	
32 Evancoe, John		Westmont		16:25.45	
33 Moore, Mitchell		California Baptist	15:20.00	16:29.57	
34 Romero, Juan		California Baptist	15:45.00	16:38.17	
35 Verdone, Joshua		California Baptist		16:40.51	
36 Ortiz, Marvin		Fresno Pacific		17:08.42	
37 Harabedian, Joseph		Biola	17:12.82	17:09.14	
38 Huerta, Carlos		Fresno Pacific		18:02.30	

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Men 10000 Meter Run

 GSAC Record: ! 29:18.02 2009 Aron Rono, Azusa Pacific
 31:50.00 "A"
 32:20.40 "B"

Name	Year	School	Seed	Finals	Points
1 Richert, Ryan		Biola	32:03.00	31:47.62 "A"	10
2 MacNeil, William		Point Loma		32:13.31 "B"	8
3 Rodriguez, Cesar		Fresno Pacific	32:08.37	32:17.26 "B"	6
4 Mynes, Patrick		California Baptist	32:15.00	32:17.29 "B"	5
5 Johnson, Matt		Vanguard	31:59.50	32:25.04	4
6 Jackson, Jeff		The Masters	31:18.32	32:46.08	3
7 Morin, Mike		Biola		33:05.71	2
8 Lambert, Ryan		The Masters	32:20.00	33:15.54	1
9 Langworthy, Mark		California Baptist	32:40.00	33:49.16	
10 Williams, Carter		Biola		34:14.66	
11 Smith, Chad		Vanguard	33:21.61	34:39.62	
12 Adams, Sean		Westmont		34:51.82	
13 Romero, Juan		California Baptist	32:45.00	35:54.00	

Men 110 Meter Hurdles

 GSAC Record: ! 14.22 2001 Ales Skoberne, Point Loma Nazarene
 Stadium Rec: % 14.64 1966 Miller, Idaho State
 14.80 "A"
 15.25 "B"

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Dejongh, Ethan		Fresno Pacific		% 14.51Q "A"	2
2 Perkins, Aze		Vanguard	14.67	14.78Q "A"	1
3 Clark, Andrew		Fresno Pacific		14.92Q "B"	2
4 Lewis, Sean		Point Loma	15.71	15.66Q	1
5 Stevick, Casey		Azusa Pacific	15.18	15.50q	2
6 Ezell, Slater		Azusa Pacific	15.52	15.69q	2
7 Puente, Anthony		Fresno Pacific	15.88	15.73q	2
8 Chessum, Ian		Azusa Pacific	16.37	15.85q	2
9 Fulkerson, Trevor		Azusa Pacific	15.82	16.11	1
10 Campbell, Anthony		Westmont	17.14	17.43	1
11 Hsiao, Jeff		Westmont	18.85	19.88	1

Men 110 Meter Hurdles

 GSAC Record: ! 14.22 2001 Ales Skoberne, Point Loma Nazarene
 Stadium Rec: % 14.64 1966 Miller, Idaho State
 14.80 "A"
 15.25 "B"

Name	Year	School	Prelims	Finals	Points
Finals					
1 Perkins, Aze		Vanguard	14.78	14.68 "A"	10
2 Dejongh, Ethan		Fresno Pacific	14.51	14.69 "A"	8
3 Clark, Andrew		Fresno Pacific	14.92	15.14 "B"	6
4 Stevick, Casey		Azusa Pacific	15.50	15.41	5
5 Lewis, Sean		Point Loma	15.66	15.62	4

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6 Ezell, Slater	Azusa Pacific	15.69	15.79	3
7 Chessum, Ian	Azusa Pacific	15.85	15.92	2
8 Puente, Anthony	Fresno Pacific	15.73	16.28	1

Men 400 Meter Hurdles

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GSAC Record: !	52.12	2008	Jordan Burnette, Azusa Pacific
Stadium Rec: %	54.14	3/27/2010	Andrew Clark, Fresno Pacific
	53.90	"A"	
	55.30	"B"	

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Lewis, Sean		Point Loma	52.65	55.01Q"B"	1
2 Clark, Kyle		Azusa Pacific	53.63	55.24Q"B"	2
3 Ezell, Slater		Azusa Pacific	55.07	55.67Q	1
4 Clark, Andrew		Fresno Pacific	54.00	56.44Q	2
5 Glasby, Derrick		California Baptist	56.99	57.04q	2
6 Schiller, Josh		Point Loma	55.68	57.11q	1
7 Chessum, Ian		Azusa Pacific	58.90	58.43q	1
8 Fulkerson, Trevor		Azusa Pacific	58.72	58.54q	2
9 Stevick, Casey		Azusa Pacific		59.34	2
10 Henry, Jameson		Biola	61.20	61.31	1
11 Puente, Anthony		Fresno Pacific		63.11	1
12 Hsiao, Jeff		Westmont	62.65	65.23	2

Men 400 Meter Hurdles

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GSAC Record: !	52.12	2008	Jordan Burnette, Azusa Pacific
Stadium Rec: %	54.14	3/27/2010	Andrew Clark, Fresno Pacific
	53.90	"A"	
	55.30	"B"	

Name	Year	School	Prelims	Finals	Points
Finals					
1 Lewis, Sean		Point Loma	55.01	53.15%"A"	10
2 Ezell, Slater		Azusa Pacific	55.67	54.03%"B"	8
3 Clark, Andrew		Fresno Pacific	56.44	54.33 "B"	6
4 Schiller, Josh		Point Loma	57.11	55.82	5
5 Fulkerson, Trevor		Azusa Pacific	58.54	57.78	4
6 Chessum, Ian		Azusa Pacific	58.43	58.77	3
7 Glasby, Derrick		California Baptist	57.04	63.33	2

Men 3000 Meter Steeplechase

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GSAC Record: !	9:05.95	2001	Ricard Godoy, California Baptist
Stadium Rec: %	9:21.84	1972	Villareal, Westmont
	9:29.00	"A"	
	9:40.00	"B"	

Name	Year	School	Seed	Finals	Points
1 Kear, Casey		Point Loma	9:18.98	9:25.32 "A"	10
2 McNulty, Kyle		Biola	9:27.75	9:26.77 "A"	8
3 Orozco, Fernando		Vanguard	9:26.68	9:29.39 "B"	6

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....Men 3000 Meter Steeplechase

4	Lewton, Forrest	Azusa Pacific	10:07.10	9:29.57	"B"	5
5	Winston, Spencer	Azusa Pacific	9:50.22	9:36.63	"B"	4
6	Kemp, Nathan	Westmont	9:48.69	9:37.10	"B"	3
7	Rodriguez, Sergio	California Baptist	9:35.00	9:40.06		2
8	Seyler, Nathan	The Masters	9:49.79	9:50.53		1
9	Lacambra, Anthony	Azusa Pacific	9:50.23	9:54.31		
10	Lyle, Spencer	Biola	9:45.00	9:57.56		
11	Glynn, Ryan	Westmont	10:40.86	10:30.97		
12	Huerta, Carlos	Fresno Pacific	10:49.72	11:14.06		
13	Harabedian, Joseph	Biola	11:32.20	11:20.99		

Men 4x100 Meter Relay

GSAC Record:	! 40.84	1987	Azusa Pacific, Azusa Pacific
Stadium Rec:	% 41.64	1972	, Westmont
	41.85	"A"	
	42.45	"B"	

School	Seed	Finals	Points
1 Vanguard	41.74	42.01 "B"	10
1) Thomas, Danny	2) Perkins, Aze		
3) Black, Dan	4) Whitelow, Elvis		
2 Point Loma	42.61	42.50	8
1) Lewis, Sean	2) Kakuda, Ronsen		
3) Mead, Daniel	4) Davidson, Jeremy		
3 Azusa Pacific	42.61	42.82	6
1) Crego, Matt	2) Savidge, Jordan		
3) Sabio, Alexander	4) Keene, Zachary		
4 Fresno Pacific	43.12	42.91	5
1) Dejongh, Ethan	2) Puente, Anthony		
3) Wells, Wes	4) Rocker, Richard		
5 Westmont	43.82	43.80	4
1) Lagace, Brent	2) Hayes, Isaac		
3) Thompkins, Adam	4) McCann, Jimmy		
6 Concordia (Cal.)	45.71	44.29	3
1) Faust, Tommy	2) Harkins, Bryan		
3) Koenig, Thomas	4) Norman, Ronnie		
7 Biola	44.97	44.90	2
1) Bacchus, Matthew	2) Henry, Jameson		
3) McMunn, CJ	4) Calkins, Alex		

Men 4x400 Meter Relay

GSAC Record:	! 3:15.61	1990	Azusa Pacific, Azusa Pacific
Stadium Rec:	% 3:15.64	1972	, US International
	3:17.00	"A"	
	3:19.40	"B"	

School	Seed	Finals	Points
1 Point Loma	3:16.18	3:18.72 "B"	10
1) Lewis, Sean	2) Kakuda, Ronsen		
3) Schiller, Josh	4) Botma, Corey		
2 Fresno Pacific	3:23.19	3:22.54	8
1) Clark, Andrew	2) Clark, Anthony		

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....Men 4x400 Meter Relay

3) Rocker, Richard	4) Wells, Wes		
3 Westmont	3:26.53	3:24.66	6
1) Thompkins, Isaac	2) Shiney, Matthew		
3) Gourdeau, Garrison	4) Williams, Eric		
4 Vanguard	3:19.80	3:25.60	5
1) Perkins, Aze	2) Rose, Morgan		
3) Black, Dan	4) Whitelow, Elvis		
5 Biola	3:34.32	3:25.68	4
1) Aeschliman, Gaberiel	2) Tromberg, Brian		
3) Weller, Mark	4) Sharp, Tyler		
6 California Baptist	3:25.00	3:28.22	3
1) Cline, Chris	2) Glasby, Derrick		
3) Lawton, Phillip	4) Williams, Chase		
7 Azusa Pacific	3:28.23	3:29.71	2
1) Keene, Zachary	2) Logan, Anthony		
3) Clark, Kyle	4) Ezell, Slater		
8 Concordia (Cal.)		3:41.58	1
1) Norman, Ronnie	2) Rollins, Jarid		
3) Phelps, Stephen	4) Oliver, Zachary		

Men 4x800 Meter Relay

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GSAC Record: ! 7:41.32	2002	California Baptitst, California Baptist
Stadium Rec: % 7:43.64	1972	, US International
	7:47.00	"A"
	7:51.50	"B"

School	Seed	Finals	Points
1 Point Loma	8:16.56	8:03.20	10
1) Ernst, Ryan	2) Jones, Brant		
3) Whitaker, Chris	4) Botma, Corey		
2 Westmont	8:01.52	8:07.64	8
1) Day, Matthew	2) Shiney, Matthew		
3) Thompkins, Isaac	4) Gourdeau, Garrison		
3 Azusa Pacific		8:08.32	6
1) Lacambra, Anthony	2) Timphony, JJ		
3) Lopez, Joe	4) Saylor, Christian		
4 Fresno Pacific		8:15.46	5
1) Clark, Anthony	2) Hodges, Josh		
3) Ortiz, Marvin	4) Rocker, Richard		
5 Biola		8:18.78	4
1) Weller, Mark	2) Jacuk, Ben		
3) Sharp, Tyler	4) Arroues, Matt		
6 Concordia (Cal.)		8:38.44	3
1) Phelps, Stephen	2) Gomez, Joshua		
3) Rollins, Jarid	4) Oliver, Zachary		

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Men High Jump

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GSAC Record: ! 2.20m 1989 Dan Raatjes, Point Loma Nazarene
Stadium Rec: % 2.08m 1969 Travaille/Phillips/Flynn/Lavender, UOP/Chapman/UCR/West
2.06m "A"
2.01m "B"

Name	Year	School	Seed	Finals	Points
1 Wells, Wes		Fresno Pacific	2.10m	2.09m% "A"	6-10.25 10
2 Anderson, Axel		Point Loma	1.95m	1.96m	6-05.00 7
2 Sommerville, Jerry		Azusa Pacific	2.06m	1.96m	6-05.00 7
4 McGregor, Brett		Point Loma	2.06m	J1.96m	6-05.00 5
5 Timm, Austen		Point Loma	2.06m	J1.96m	6-05.00 4
6 David, Christian		Westmont	1.90m	1.86m	6-01.25 3
7 Yantis, Graham		Point Loma		J1.86m	6-01.25 2
8 Hanson, Ryan		Biola	1.79m	1.81m	5-11.25 1
9 Marion, Donovan		Fresno Pacific	1.80m	J1.81m	5-11.25
10 Kopper, Jason		Fresno Pacific	1.75m	1.71m	5-07.25
11 Campbell, Anthony		Westmont	1.76m	1.66m	5-05.25
11 Thompkins, Adam		Westmont	1.70m	1.66m	5-05.25
-- Ingles, Jonathan		Azusa Pacific	1.79m	NH	
-- Viola, Anthony		Point Loma	1.96m	NH	

Men Pole Vault

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GSAC Record: ! 5.23m 1994 Luke Walker, Azusa Pacific
Stadium Rec: % 5.06m 1977 Schneider, Point Loma Nazarene
4.80m "A"
4.70m "B"

Name	Year	School	Seed	Finals	Points
1 Savidge, Jordan		Azusa Pacific	5.20m	4.95m "A"	16-02.75 10
2 Fanelli, Daniel		Azusa Pacific	4.75m	4.85m "A"	15-11.00 8
3 Winstead, Anthony		Point Loma	4.65m	J4.85m "A"	15-11.00 6
4 Puente, Anthony		Fresno Pacific	4.57m	4.55m	14-11.00 5
5 Phillips, John		Point Loma	4.65m	J4.55m	14-11.00 4
6 Calkins, Alex		Biola	4.70m	J4.55m	14-11.00 3
7 Reckas, Ben		Fresno Pacific	4.42m	4.45m	14-07.25 2
8 Somervell, Willis		Point Loma	4.50m	4.35m	14-03.25 1
9 Stevick, Casey		Azusa Pacific	4.10m	4.15m	13-07.25
10 Campbell, Anthony		Westmont	3.70m	3.80m	12-05.50

Men Long Jump

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GSAC Record: ! 7.93m 1997 Eric Boykin, California Baptist
Stadium Rec: % 7.49m 1970 Blair, CSU Los Angeles
7.11m "A"
6.96m "B"

Name	Year	School	Seed	Finals	Points
1 Wells, Wes		Fresno Pacific	6.91m	7.08m "B"	23-02.75 10
2 Vollmer, Eugene		Fresno Pacific	7.13m	7.00m "B"	22-11.75 8
3 Dejongh, Ethan		Fresno Pacific		6.85m	22-05.75 6
4 Puente, Anthony		Fresno Pacific	6.73m	6.78m	22-03.00 5
5 Davidson, Jeremy		Point Loma	8.85m	6.75m	22-01.75 4
6 Marion, Donovan		Fresno Pacific	6.49m	6.51m	21-04.25 3

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....Men Long Jump

7	Sutton, Monti	Azusa Pacific	6.48m	6.41m	21-00.50	2
8	Ellis, John	Azusa Pacific	6.41m	6.29m	20-07.75	1
9	Sommerville, Jerry	Azusa Pacific		6.26m	20-06.50	
10	Harkins, Bryan	Concordia (Cal.)	6.45m	6.24m	20-05.75	
11	Yantis, Graham	Point Loma	6.39m	6.19m	20-03.75	
12	Feeney, James	Azusa Pacific	5.57m	5.69m	18-08.00	
12	Sato, Jonathan	Azusa Pacific	6.02m	5.69m	18-08.00	
14	Sidebotham, Joseph	Westmont	5.82m	5.66m	18-07.00	
15	Thompkins, Adam	Westmont	5.94m	5.63m	18-05.75	
16	Foster, Ryan	Biola	5.53m	5.61m	18-05.00	
17	Anderson, Axel	Point Loma		5.29m	17-04.25	
18	Kopper, Jason	Fresno Pacific	5.99m	5.01m	16-05.25	
19	Lopez, Richard	Westmont	4.89m	4.79m	15-08.75	
--	Timm, Austen	Point Loma	6.49m	FOUL		

Men Triple Jump

GSAC Record: ! 15.66m 1992 Ben Koech, Azusa Pacific
 Stadium Rec: % 15.49m 3/27/2010 Eugene Vollmer, Fresno Pacific
 14.33m "A"
 14.02m "B"

Name	Year	School	Seed	Finals	Points	
1		Vollmer, Eugene	Fresno Pacific	15.49m	15.18m "A"	49-09.75 10
2		Lawson, Kevin	The Masters	14.73m	14.97m "A"	49-01.50 8
3		Dejongh, Ethan	Fresno Pacific		14.59m "A"	47-10.50 6
4		Sutton, Monti	Azusa Pacific	14.77m	14.29m "B"	46-10.75 5
5		McGregor, Brett	Point Loma	12.98m	13.90m	45-07.25 4
6		Yantis, Graham	Point Loma	13.07m	13.24m	43-05.25 3
7		Feeney, James	Azusa Pacific	13.23m	13.18m	43-03.00 2
8		Ellis, John	Azusa Pacific	13.09m	13.03m	42-09.00 1
9		Timm, Austen	Point Loma	13.44m	12.97m	42-06.75
10		David, Christian	Westmont	13.09m	12.90m	42-04.00
11		Wells, Wes	Fresno Pacific	12.76m	12.81m	42-00.50
12		Henry, Jameson	Biola	12.46m	12.30m	40-04.25
13		Foster, Ryan	Biola	12.53m	12.21m	40-00.75
14		Sato, Jonathan	Azusa Pacific	11.16m	11.63m	38-02.00
--		Lyons, Addison	Fresno Pacific		FOUL	
--		Marion, Donovan	Fresno Pacific	13.05m	FOUL	

Men Shot Put

GSAC Record: ! 19.15m 2009 Chad Smith, Concordia
 Stadium Rec: % 20.15m 1970 Steinhauer, US Army
 15.54m "A"
 15.24m "B"

Name	Year	School	Seed	Finals	Points	
1		Robinson, Nick	Concordia (Cal.)	17.52m	17.82m "A"	58-05.75 10
2		McCurry, Caleb	Concordia (Cal.)	16.76m	15.77m "A"	51-09.00 8
3		Tucker, Shane	Concordia (Cal.)	15.03m	15.32m "B"	50-03.25 6
4		Grandi, James	Point Loma	15.24m	14.52m	47-07.75 5
5		Flores, Juan	Biola	13.49m	14.02m	46-00.00 4
6		MacDonald, Scott	Westmont	14.30m	13.86m	45-05.75 3

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....Men Shot Put

7	Stevick, Casey	Azusa Pacific	14.06m	13.65m	44-09.50	2
8	Garza, Toby	Fresno Pacific	13.98m	13.08m	42-11.00	1
9	Cullen-Carol, Nick	Azusa Pacific	13.47m	13.00m	42-08.00	
10	Rocker, Richard	Fresno Pacific	13.76m	12.62m	41-05.00	
11	Lopez, Joel	Fresno Pacific	12.11m	12.57m	41-03.00	
11	Mathews, Justin	Azusa Pacific	12.70m	12.57m	41-03.00	
13	Winters, Aaron	Fresno Pacific	11.84m	11.46m	37-07.25	
14	Miller, Mark	Point Loma		10.70m	35-01.25	
15	Faust, Tommy	Concordia (Cal.)		10.67m	35-00.25	
16	Porter, Michael	Point Loma	7.97m	9.21m	30-02.75	
17	Hernandez, Manuel	Westmont	8.87m	8.59m	28-02.25	
18	Mathis, Daniel	Westmont	7.39m	6.79m	22-03.50	
--	McDougal, Max	Fresno Pacific	8.60m	FOUL		
--	Walls, Aaron	Fresno Pacific	11.57m	FOUL		

Men Discus Throw

GSAC Record: ! 61.60m 1993 Ade Olukoju, Azusa Pacific
 Stadium Rec: % 57.93m 1962 Babka, PPA
 47.82m "A"
 46.50m "B"

Name	Year	School	Seed	Finals	Points
1	Robinson, Nick	Concordia (Cal.)	51.84m	52.05m "A"	170-09 10
2	McCurry, Caleb	Concordia (Cal.)	47.47m	45.81m	150-03 8
3	Rocker, Richard	Fresno Pacific	44.85m	43.98m	144-03 6
4	Lopez, Joel	Fresno Pacific	42.85m	43.85m	143-10 5
5	Tucker, Shane	Concordia (Cal.)	44.11m	42.94m	140-10 4
6	MacDonald, Scott	Westmont	41.52m	42.51m	139-06 3
7	Grandi, James	Point Loma	42.80m	42.01m	137-10 2
8	Stevick, Casey	Azusa Pacific	38.64m	41.86m	137-04 1
9	Cullen-Carol, Nick	Azusa Pacific	38.63m	39.68m	130-02
10	Flores, Juan	Biola	40.68m	38.71m	127-00
11	Garza, Toby	Fresno Pacific	37.24m	34.55m	113-04
12	Winters, Aaron	Fresno Pacific	36.10m	34.46m	113-01
13	Miller, Mark	Point Loma	39.75m	34.45m	113-00
14	Faust, Tommy	Concordia (Cal.)	37.27m	31.73m	104-01
15	Walls, Aaron	Fresno Pacific		30.93m	101-06
16	McDougal, Max	Fresno Pacific	29.20m	28.56m	93-08
17	Hernandez, Manuel	Westmont	22.10m	22.97m	75-04
18	Mathis, Daniel	Westmont	19.16m	16.25m	53-04
--	Mathews, Justin	Azusa Pacific	37.62m	FOUL	

Men Hammer Throw

GSAC Record: ! 70.24m 1992 Par Karlsson, Point Loma Nazarene
 Stadium Rec: % 60.32m 1984 Mann, Azusa Pacific
 50.60m "A"
 48.31m "B"

Name	Year	School	Seed	Finals	Points
1	Winters, Aaron	Fresno Pacific	53.57m	52.73m "A"	173-00 10
2	Grandi, James	Point Loma	47.43m	47.64m	156-03 8
3	Walls, Aaron	Fresno Pacific	45.03m	45.53m	149-04 6

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....Men Hammer Throw

4	Garza, Toby	Fresno Pacific	50.59m	45.49m	149-03	5
5	Rocker, Richard	Fresno Pacific	44.72m	44.71m	146-08	4
6	MacDonald, Scott	Westmont	37.56m	41.37m	135-09	3
7	Lopez, Joel	Fresno Pacific	40.51m	36.97m	121-03	2
8	Cullen-Carol, Nick	Azusa Pacific	36.69m	36.18m	118-08	1
9	McDougal, Max	Fresno Pacific	32.54m	34.84m	114-04	
10	Mathews, Justin	Azusa Pacific	34.20m	32.09m	105-03	
11	Hernandez, Manuel	Westmont	25.62m	27.14m	89-00	
12	Miller, Mark	Point Loma	31.52m	24.77m	81-03	
13	Porter, Michael	Point Loma	21.37m	23.38m	76-08	
14	Mathis, Daniel	Westmont	18.11m	11.08m	36-04	

Men Javelin Throw

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GSAC Record: ! 70.04m 1994 Nery Kennedy, Point Loma Nazarene
Stadium Rec: % 63.00m 3/27/2010 Brent Lagace, Westmont
58.00m "A"
56.08m "B"

Name	Year	School	Seed	Finals	Points	
1		Lagace, Brent	Westmont	63.00m	68.15m% "A"	223-07 10
2		Kolodinski, Andrew	Westmont	60.82m	64.77m% "A"	212-06 8
3		Winstead, Anthony	Point Loma	54.30m	55.42m	181-10 6
4		Hanson, Ryan	Biola	56.59m	53.39m	175-02 5
5		Vollmer, Eugene	Fresno Pacific		51.75m	169-09 4
6		Miller, Mark	Point Loma	49.24m	50.86m	166-10 3
7		Grandi, James	Point Loma	45.79m	48.27m	158-04 2
8		Rodriguez, Jesse	Vanguard	51.17m	47.62m	156-03 1
9		McGregor, Brett	Point Loma		47.10m	154-06
10		Chessum, Ian	Azusa Pacific		43.94m	144-02
11		Lyons, Addison	Fresno Pacific	45.43m	43.73m	143-06
12		Drevets, Peter	Westmont	43.86m	43.34m	142-02
13		Faust, Tommy	Concordia (Cal.)	39.85m	41.66m	136-08
14		MacDonald, Scott	Westmont	52.84m	40.24m	132-00
15		Hoerner, Jared	Biola	32.55m	34.69m	113-10
16		Zimmerman, Jared	Biola	35.61m	29.97m	98-04
17		Prindiville, Travi	Biola	29.49m	28.40m	93-02
18		Zeupai, Mao	Biola	27.04m	26.52m	87-00

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Points	
1		Montzingo, Luke	Westmont	11.59	734
2		Henson, Hans	Westmont	11.60	732
3		DeShaw, Derek	Point Loma	11.78	695
4		Matt, Rau	Azusa Pacific	11.94	663
5		Viola, Anthony	Point Loma	11.96	659
6		Macias, Jorge	Azusa Pacific	11.98	655
7		Ingles, Jonathan	Azusa Pacific	12.21	610

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Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	Points
1 Henson, Hans	Westmont	52.58	700
2 Matt, Rau	Azusa Pacific	53.46	662
3 Macias, Jorge	Azusa Pacific	54.14	634
4 Viola, Anthony	Point Loma	54.29	628
5 DeShaw, Derek	Point Loma	54.59	615
6 Montzingo, Luke	Westmont	54.92	602
7 Ingles, Jonathan	Azusa Pacific	55.69	571

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points
1 Henson, Hans	Westmont	4:40.26	679
2 Matt, Rau	Azusa Pacific	4:40.30	678
3 Montzingo, Luke	Westmont	4:54.40	592
4 Macias, Jorge	Azusa Pacific	4:54.69	591
5 Viola, Anthony	Point Loma	4:57.57	574
6 Ingles, Jonathan	Azusa Pacific	5:00.18	559
7 DeShaw, Derek	Point Loma	5:16.72	467

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Points
1 Viola, Anthony	Point Loma	16.73	653
2 DeShaw, Derek	Point Loma	17.21	603
3 Montzingo, Luke	Westmont	17.60	563
4 Ingles, Jonathan	Azusa Pacific	17.73	550
5 Matt, Rau	Azusa Pacific	17.76	547
6 Henson, Hans	Westmont	18.27	499
7 Macias, Jorge	Azusa Pacific	20.38	320

Decathlon: #4 Men High Jump Decathlon

Name	Year School	Finals	Points
1 Viola, Anthony	Point Loma	1.88m	6-02.00 696
2 Ingles, Jonathan	Azusa Pacific	1.85m	6-00.75 670
3 DeShaw, Derek	Point Loma	1.79m	5-10.50 619
4 Matt, Rau	Azusa Pacific	1.76m	5-09.25 593
5 Macias, Jorge	Azusa Pacific	1.70m	5-07.00 544
6 Henson, Hans	Westmont	1.58m	5-02.25 449
-- Montzingo, Luke	Westmont	NH	

Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Macias, Jorge	Azusa Pacific	3.90m	12-09.50 590
2 Viola, Anthony	Point Loma	3.80m	12-05.50 562
2 DeShaw, Derek	Point Loma	3.80m	12-05.50 562
4 Matt, Rau	Azusa Pacific	3.70m	12-01.50 535

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....Decathlon: #8 Men Pole Vault Decathlon

5 Henson, Hans	Westmont	3.30m	10-10.00	431
6 Ingles, Jonathan	Azusa Pacific	3.10m	10-02.00	381
7 Montzingo, Luke	Westmont	2.60m	8-06.25	264

Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals		Points
1 DeShaw, Derek	Point Loma	6.46m	21-02.50	688
2 Henson, Hans	Westmont	6.03m	19-09.50	593
3 Matt, Rau	Azusa Pacific	5.95m	19-06.25	576
4 Viola, Anthony	Point Loma	5.92m	19-05.25	569
5 Ingles, Jonathan	Azusa Pacific	5.77m	18-11.25	537
6 Macias, Jorge	Azusa Pacific	5.63m	18-05.75	508
7 Montzingo, Luke	Westmont	5.28m	17-04.00	437

Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals		Points
1 Macias, Jorge	Azusa Pacific	10.79m	35-05.00	533
2 Matt, Rau	Azusa Pacific	10.57m	34-08.25	520
3 Ingles, Jonathan	Azusa Pacific	10.29m	33-09.25	503
4 DeShaw, Derek	Point Loma	10.17m	33-04.50	496
5 Viola, Anthony	Point Loma	10.00m	32-09.75	486
6 Montzingo, Luke	Westmont	9.91m	32-06.25	480
7 Henson, Hans	Westmont	9.50m	31-02.00	456

Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals		Points
1 Macias, Jorge	Azusa Pacific	34.54m	113-04	554
2 Ingles, Jonathan	Azusa Pacific	31.74m	104-02	499
3 Henson, Hans	Westmont	30.29m	99-04	470
4 Matt, Rau	Azusa Pacific	30.03m	98-06	465
5 Viola, Anthony	Point Loma	28.96m	95-00	444
6 Montzingo, Luke	Westmont	28.92m	94-10	443
7 DeShaw, Derek	Point Loma	26.38m	86-06	394

Decathlon: #9 Men Javelin Throw Decathlon

Name	Year School	Finals		Points
1 Viola, Anthony	Point Loma	52.64m	172-08	628
2 DeShaw, Derek	Point Loma	48.69m	159-09	569
3 Montzingo, Luke	Westmont	47.15m	154-08	547
4 Ingles, Jonathan	Azusa Pacific	45.39m	148-11	521
5 Matt, Rau	Azusa Pacific	44.38m	145-07	506
6 Macias, Jorge	Azusa Pacific	44.04m	144-06	501
7 Henson, Hans	Westmont	35.57m	116-08	378

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Men Decathlon

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GSAC Record: ! 6747 1997 Ty Winn, Azusa Pacific
 4500 "A"

Name	Year	School	Seed	Finals	Points
1 Viola, Anthony		Point Loma	5354	5899.00 "A"	10
2 Matt, Rau		Azusa Pacific	5569	5745.00 "A"	8
3 DeShaw, Derek		Point Loma	5440	5708.00 "A"	6
4 Macias, Jorge		Azusa Pacific	5419	5430.00 "A"	5
5 Ingles, Jonathan		Azusa Pacific	5398	5401.00 "A"	4
6 Henson, Hans		Westmont	5131	5387.00 "A"	3
7 Montzingo, Luke		Westmont	4786	4662.00 "A"	2

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Women - Team Rankings - 22 Events Scored

1) Azusa Pacific	213	2) Point Loma	175
3) Fresno Pacific	149.50	4) Biola	123
5) Westmont	67	6) Concordia (Cal.)	61.50
7) Vanguard	54	8) The Masters	6

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Men - Team Rankings - 22 Events Scored

1) Point Loma	202	2) Fresno Pacific	168
3) Azusa Pacific	157.50	4) Westmont	77
5) Vanguard	68	6) Concordia (Cal.)	58.50
7) Biola	58	8) The Masters	31
9) California Baptist	30		